

SINZINANI SPA
TREATMENT MENU
2017

Massage and Body Experience

Warm Oil Massage (Full)	60min	R 500
Warm Oil Massage (back)	30min	R 350
Heated Stone Massage (full)	90min	R 650
Heated Stone Massage (back)	45min	R 450
Soul of Africa Conditioning Body Massage (full)	90min	R 750
Shea Aromatherapeutics (full)	75min	R 600
Shea Aromatherapeutics (back)	45min	R 400
Intonga Amasatchi Deep Tissue Massage (full)	75min	R700
Majestic Awakening Neck, Shoulder and scalp	30min	R 300

Body Rituals

Inkomfi Renew (Full Body exfoliation and Balm)	45min	R 400
Add on: Shea Aromatherapeutics Full Body Massage		

Facials

Bespoke Facials

Vitamin Boost Facial	75min	R 550
Rebalancing and Refining Facial	75min	R 550
Aloe Ferox Firming Facial (anti aging)	75min	R 550
Balancing Rose Facial (anti-aging)	75min	R 650
Deep Cleanse Facial	60min	R 550
African Goddess (anti-aging, including back exfoliation & balm)	90min	R 900
Express Facial	45min	R 400

VI Peels

Glyco Blend	R 500
Glycolic Acid 35%	R 500
Lactic Acid 35%	R 500
Lactic Blend	R 500
Might Modified Jessner	R 500
Mandelic 30%	R 500
Modiefied Jessner	R 500
Salysilic Peel	R 650
Vi Medical Peel	R 3000

Hand and Foot Treatments

Pamper Hand Massage	30min	R 150
Pamper Foot Massage	30min	R 150
Standard Pedicure	60min	R 280
Standard Manicure	60min	R 260
Copper and Hot Stone Pedicure	80min	R 380
Copper and Hot Stone Manicure	60min	R 360
African Potato Pedicure	80min	R 380
African Potato Manicure	60min	R 360
Medi Heel Foot Treatment	45min	R 200
Medi Pedicure Treatment with paint	90min	R 400

Luxury Packages

Sinzinani Pampering Spa Package 180min R 1250

Shea Aromatherapeutics Full Body Massage
Express Facial
Pampering Hand Massage
Pampering Foot Massage

Exclusive Body Experience 330min R 2500

Full Body Exfoliation
Nourishing Body Wrap
Warm Oil Full Body Massage
Bespoke Facial
African Potato Pedicure
African Potato Manicure

Includes meal voucher to the value of R 200

Group Package (group of 5 or more) 255min R 1750 per person

Includes meal Voucher to the value of R 200
Shea Aromatherapeutics Full Body Massage
Bespoke Facial
Standard Manicure
Standard Pedicure

Express Package 120min R 750

Express Facial
Warm Oil Back, Neck and Shoulder Massage
Pamper Hand Massage
Pamper Foot Massage

<u>Hypoxis Body Experience</u>	120min	R 1200
Full Body Exfoliation Full Body Wrap Scalp Massage Warm Oil Full Body Massage		
<u>Couples Devotion Journey</u>	75min	R 1500 per couple
Shea Aromatherapeutics Full Body Massage <i>Couples Meal Voucher</i>		
<u>Top to Toe Package</u>	300min	R 2000
Soul of Africa Conditioning Body Massage (includes Back exfoliation and wrap) Bespoke Facial Copper and Hot Stone Pedicure Copper and Hot Stone Manicure		
<i>Add on a Meal Voucher</i>		

Sinzinani Spa Kids Spa (5yrs – 12yrs)

Choco Boo Package Hand and Foot Treatments	60min	R 250
Coconut Cocoon Relaxing Full Body Massage	45min	R 300
Fairy Stone Massage	45min	R 300
Sleepy Feet Massage	20min	R 150
Little Bee Facial	20min	R 200

Healing Massage Packages

Refreshing Package 90min R 790

Assists with Easing Stress, uplifts and focuses the mind

Express Facial

Foot Cleanse with Warm Foot Wrap

60 min Revitalising Full Body Massage

Aches & Pains Package 90min R 790

Helps ease muscular, nerve, arthritis, stiffness, pain as well as sport injuries and poor circulation

Reflexology points to ease the muscular tension

Lymph Drainage on legs and arms

60min Deep Tissue Full Body Massage

Relaxing Package 90min R 790

Relaxes the Body and Mind and assists to alleviate depression. Recommended for anyone who has a busy schedule

Relaxing Foot Cleanse, Exfoliation and Massage

Face Massage

Head & Scalp

Hot Stone back, neck and shoulder massage including Shiatsu pressure points

Body Stretches

Calming Package 90min R 790

Promotes Restful Sleep, reduces stress, calms nerves, relaxes body and soothes the mind. Assists with insomnia. Perfect for finding inner peace.

Back, neck, Hand and Foot exfoliation

Hand and Foot Massage

Back, neck and Shoulder Massage

Pressure point Face Massage

Sleepwell Package 90min R 790

Perfect Package and product for a busy mind and insomnia

Head and Scalp Massage

Foot cleanse, exfoliation and massage

60min Sleepwell Full Body Massage

Anti Stress Package 90min R 790

Helps with reducing nervous tension, excess energy and anxiety

Hot Stone Express Full Body Massage

Mini Hot Stone hand and Foot Massage

Mama Mio Spa Treatments

Mellow Mama 60min R 650

Mother to be Full Body Massage with Omega Rich Oils

Mini Mellow Mama 30min R 350

Mother to be Upper Body Massage

Gorgeous Glow Pregnancy Facial 55min R 850

Deep Cleanse and Exfoliation

Brightening Serum

Oxygenating Moisture Mask

Mind Melting Facial Massage